

University of Connecticut, College of Agriculture, Health and Natural Resources
Plan of Study for Minor in Nutrition for Exercise and Sport

Name of Student: _____ Major: _____

Student ID: _____ Month & Year of Anticipated Graduation: _____

Phone Number: _____ Email Address: _____@uconn.edu

CATALOG STATEMENT: This minor has been established in cooperation with the Departments of Kinesiology and Department of Allied Health Sciences. Students interested in earning the minor will need to complete prerequisite coursework for required courses. These include NUSC 1165, PNB 2264, PNB 2265, and MCB 2000.

REQUIREMENTS: All students are required to complete a minimum of 18 credits as outlined below.

Students must complete <u>all</u> of the following courses:	Credits	Semester/Year	Grade
KINS 4500: Physiological Systems in Human Performance	3	____/____	____
KINS 4510: Mechanisms and Adaptations in Sport and Exercise	3	____/____	____
NUSC 4236: Principles of Nutrition	3	____/____	____
NUSC 4250: Nutrition for Exercise and Sport	3	____/____	____

Students must complete <u>two or more</u> of the following courses for an additional 6 credits:			
AH 3231: Program Planning for Health Promotion	3	____/____	____
AH 3234: Fitness for Health	3	____/____	____
KINS 3099: Independent Study	1-3	____/____	____
KINS 3530: Physiological Assessment of Competitive Athletes	3	____/____	____
NUSC 2241: Nutritional Assessment	1	____/____	____
NUSC 4299: Independent Study	1-3	____/____	____

- Students must earn a grade of C or higher in each individual course listed above.
- Students must earn a combined grade point average of 2.5 or higher for all courses listed above.
- Students must complete all requirements for a baccalaureate degree. Once the minor has been declared, it will appear on the student's transcript.

MINOR ADVISOR: For more information on the minor, approval signature to declare the minor, or approval signature on the final minor Plan of Study, please contact Dr. Nancy Rodriguez at nancy.rodriguez@uconn.edu or 860-486-3633.

DECLARATION PROCEDURES: It is strongly encouraged that students meet with the minor advisor before declaring the minor. Students may declare the minor by either 1) submitting this form to CAHNR Academic Programs (Young 206), or 2) online at ppc.uconn.edu. The semester before graduation, students may submit their minor final plan of study online or by submitting this form to the Registrar.

FINAL PLAN PROCEDURES: Students who plan to graduate with a minor in Nutrition for Exercise and Sport must complete the requirements as outlined above and declare the minor before submitting their Final Plan of Study for their major.

APPROVAL: Please check the appropriate box below:

- Declaration: Student has discussed minor requirements with minor advisor.
- Final Plan: Student has met with advisor and confirmed that all requirements for this minor have been completed, or will be completed, in order to be eligible for a minor in Nutrition for Exercise and Sport upon graduation.

Student Signature

Date

Minor Advisor Signature

Date