

# UCONN | COLLEGE OF AGRICULTURE, HEALTH AND NATURAL RESOURCES

## PLAN OF STUDY FORM Catalog Year 2015-2016 Athletic Training

### DIRECTIONS

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- This Plan of Study (plan) is used as a *worksheet* during initial registration and every subsequent semester to determine minimum requirements and progress toward completing the degree. A *preliminary plan* is developed and submitted to the advisor by the end of the sophomore year (or equivalent time for transfer students).
- **A final plan must be approved by advisor and department head, and submitted to the Degree Auditor (Unit 4077, Wilbur Cross Building) no later than the end of the tenth week of classes of the semester prior to the anticipated semester of graduation.**
- Students must complete all major and general education course requirements and earn:
  - At least 120 credits toward the degree**
  - At least a 2.0 Cumulative Grade Point Average (CGPA)**
  - At least a 2.0 Grade Point Average for ALL courses listed in the 36 Credit Requirement**
- University of Connecticut General Education Requirements (GER), are outlined in the Academic Regulations section of the *Undergraduate Catalog*. Only approved courses may be used to meet requirements.
- Students should use their Academic Requirements Report (accessible in Student Admin) along with the Plan of Study to view their graduation requirements and assess status toward degree. Students must be attentive to credit restrictions (repeated courses, out of sequence classes, etc.). Courses taken Pass/Fail may NOT be used to meet any requirements.

### STUDENT AND DEGREE INFORMATION

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**Must be filled out completely on your final plan of study.**

Select one:  Preliminary Plan  Final Plan

Name \_\_\_\_\_ Student I.D. \_\_\_\_\_  
First Middle Last

Phone # \_\_\_\_\_ Email Address \_\_\_\_\_

Current Address: \_\_\_\_\_  
Street City/Town State Zip Code

Month and Year of Anticipated Graduation  May  August  December Year: \_\_\_\_\_

Are you pursuing a double major in CAHNR?  Yes  No If Yes, submit Double Major Attachment with final plans of study.

Please list below any minors that you plan to earn and submit a final minor plan of study with your final major plan of study.

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At the completion of semester you intend to graduate, will you have earned 120 or more credits?  Yes  No

### APPROVAL SIGNATURES

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Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Department Head's Signature \_\_\_\_\_ Date \_\_\_\_\_

**The final plan must be submitted to the Registrar's Office in the Wilbur Cross Building.  
Please remember to keep a copy of the plan for your records.**

## PART I: GENERAL EDUCATION REQUIREMENTS (GER) <sup>1</sup>

Courses approved to meet GER are outlined in the Academic Regulations section of the *Undergraduate Catalog*.

*Courses in Content Areas 1-3 must be in 6 different departments.*

*One course from Content Area 4 may be used to fulfill a requirement in Content Areas 1-3.*

Content Area	Dept.	Course No.	Credits	Semester/Year	Grade
Foreign Languages (3 years single language in high school) OR pass second course in first-year college sequence					
	_____	_____	_____	____ / ____	____
	_____	_____	_____	____ / ____	____
	ENGL 1010 or 1011	_____	_____	____ / ____	____
	"W" Course	_____	_____	____ / ____	____
	"W" Course ( <i>within major</i> )	_____	_____	____ / ____	____
	"Q" Course	_____	_____	____ / ____	____
	"Q" Course ( <i>MATH or STAT</i> )	_____	_____	____ / ____	____
1	Arts & Humanities ( <i>total 6 credits</i> )	_____	_____	____ / ____	____
		_____	_____	____ / ____	____
2	Social Sciences ( <i>total 6 credits</i> )	_____	_____	____ / ____	____
		_____	_____	____ / ____	____
3	Science & Technology ( <i>total 6 credits – include one 4-credit laboratory course</i> )	_____	_____	____ / ____	____
		_____	_____	____ / ____	____
4	Diversity & Multiculturalism ( <i>total 6 credits – one must be "International" course</i> )	_____	_____	____ / ____	____
		_____	_____	____ / ____	____

**Computer Technology Competency:** See major requirements

**Information Literacy Competency:** See major requirements

## ATHLETIC TRAINING

### PART II: INDIVIDUAL COURSE REQUIREMENTS OF ATHLETIC TRAINING MAJOR <sup>1</sup>

Courses in this section that are numbered 2000-level or above may also be used to meet the 36 Credit Requirement (Part III).

**ALL of the following Related Requirements:**

Dept.	No.	Course Title	Credits	Semester/Year	Grade
BIOL	1107	Principles of Biology	4	_____ / _____	___
CHEM	1122 or 1127Q	Chemical Principles & Applications or General Chemistry	4	_____ / _____	___
COMM	1100	Principles of Public Speaking	3	_____ / _____	___
NUSC	1165	Fundamentals of Nutrition	3	_____ / _____	___
NUSC	4250	Nutrition, Exercise & Sport	3	_____ / _____	___
PHYS	1010Q or 1201Q	Elements of Physics or General Physics	4	_____ / _____	___
PNB	2264	Anatomy & Physiology I	4	_____ / _____	___
PNB	2265	Anatomy & Physiology II	4	_____ / _____	___
PSYC	1100	General Psychology I	3	_____ / _____	___
STAT	1000Q or 1100Q	Intro to Statistics I or Elementary Concepts of Statistics	4	_____ / _____	___

**ALL of the following Kinesiology Requirements:**

Dept.	No.	Course Title	Credits	Semester/Year	Grade
KINS	1160	First Aid and CPR	1	_____ / _____	___
KINS	2100	Introduction to Athletic Training I	1	_____ / _____	___
KINS	2110	Introduction to Athletic Training II	1	_____ / _____	___
KINS	3100	Prevention and Care of Athletic Injuries	3	_____ / _____	___
KINS	3101	Documenting Outcomes in Athletic Training	1	_____ / _____	___
KINS	3102	Therapeutic Interventions I	4	_____ / _____	___
KINS	3103	Therapeutic Interventions II	4	_____ / _____	___
KINS	3104	Orthopedic Assessment of the Spine	3	_____ / _____	___
KINS	3110	Athletic Training Clinical Rotation I	2	_____ / _____	___
KINS	3111	Athletic Training Clinical Rotation II	2	_____ / _____	___
KINS	3112	Athletic Training Clinical Rotation III	2	_____ / _____	___
KINS	3113	Athletic Training Clinical Rotation IV	3	_____ / _____	___
KINS	3114	Athletic Training Clinical Rotation V	3	_____ / _____	___
KINS	3115	Sports Medicine Experience	1	_____ / _____	___
KINS	3115	Sports Medicine Experience	1	_____ / _____	___
KINS	3115	Sports Medicine Experience	1	_____ / _____	___
KINS	3120	Functional Anatomy for Athletic Trainers	3	_____ / _____	___
KINS	3122	Gross Anatomy Laboratory for Athletic Trainers	1	_____ / _____	___
KINS	3125	Taping and Bracing Laboratory	2	_____ / _____	___
KINS	3130	Evaluation of Extremities	3	_____ / _____	___
KINS	3140	Emergency Procedures in Athletic Training	3	_____ / _____	___
KINS	3150	Practical Applic. Of Assessment & Treat. Of Athletic Injuries	2	_____ / _____	___

KINS	3155W	Athletic Training Administration	2	_____ / _____	___
KINS	3156	Professional Development for Athletic Trainers	2	_____ / _____	___
KINS	3160	Counseling in Sports Medicine	3	_____ / _____	___
KINS	3165W	Current Research and Issues in Athletic Training	3	_____ / _____	___
KINS	3170	Health and Medicine	3	_____ / _____	___
KINS	3177	Pathophysiology and Pharmacology for Athletic Trainers	3	_____ / _____	___
KINS	3522	Biomechanics of Injury and Sport	3	_____ / _____	___
KINS	3545	Resistance Training Exercise Techniques and Evaluation	3	_____ / _____	___
KINS	4510/W	Mechanisms and Adaptations in Sport and Exercise	3	_____ / _____	___

*Writing Competency:* Students must pass KINS 3155W and KINS 3165W.

*Computer Technology Competency:* Satisfied by University entrance expectations.

*Information Literacy Competency:* Satisfied by required courses for major.



