

Exercise Science SAMPLE SEQUENCE OF COURSES FALL 2020 OR LATER MATRICULATION

UConn Graduation Requirements – Are found at catalog.uconn.edu these include major and general education requirements (Content Areas: 1, 2, 3 and 4, **Writing**, **Quantitative**, ****Foreign Language** and **Environmental Literacy**).

Students normally average 15 credits per semester over a 4-year period (fall/spring only) to meet the 120 academic credits required.

FIRST YEAR

FALL (Semester 1)

BIOL 1107 (CA 3)	4
KINS 1100	3
ENGL 1007 or 1010	4
CHEM 1127Q (CA 3)	4
UNIV 1800/1810 (FYE)	1
<i>Total credits: 16</i>	

SPRING (Semester 2)

PSYC 1100	3
BIOL 1108	4
CHEM 1128Q	4
MATH 1060Q or 1131Q	3 or 4
KINS 1160 First Aid and CPR	1
<i>Total credits: 15 or 16</i>	

SUMMER SESSION

ELECTIVE/Foreign Language**	3 or 4
<i>Total credits: 3 or 4</i>	

SECOND YEAR

FALL (Semester 3)

KINS 2227	3
PHYS 1201Q	4
PNB 2264	4
COMM 1100	3
GEN ED (CA 1)	3
<i>Total credits: 17</i>	

SPRING (Semester 4)

PHYS 1202Q	4
PNB 2265	4
GEN ED (CA 2 or E)	3
GEN ED (CA 4)	3
NUSC 1165	3
<i>Total credits: 17</i>	

THIRD YEAR (If considering [Education Abroad](#), the Spring semester of the junior year is recommended in some majors).

FALL (Semester 5)

KINS 3522	3
KINS 4500	3
CHEM 2241 or CHEM2443	3
GEN ED (CA 1)	3
MAJOR Required/Related ELECTIVE	3
<i>Total credits: 15</i>	

SPRING (Semester 6)

KINS 1160 Free Weight Training	1
KINS 4510 W	3
STAT 1000Q or STAT 1100Q	4
KINS 3530 (W)	3
MCB 2000 or MCB 3010	4 or 5
<i>Total credits: 15 or 16</i>	

FOURTH YEAR

FALL (Semester 7)

KINS 3545(W)	3
MAJOR Required/Related ELECTIVE	3
MAJOR Required/Related ELECTIVE	3
MAJOR Required/Related ELECTIVE	3
GEN ED (CA 4)	3
<i>Total credits: 15</i>	

SPRING (Semester 8)

KINS 3320	3
KINS 4205 W	3
GEN ED (CA 2)	3
MAJOR Required/Related ELECTIVE	3
MAJOR Required/Related ELECTIVE	3
<i>Total Credits: 15</i>	

*This General Education Requirement may also meet a major requirement.

**Required if student has not met the University requirement of three years of a single foreign language in high school.

Students can elect to enroll in *Summer/Winter sessions*. Course options can be found at summerwinter.uconn.edu.

Students interested in [Education Abroad](#) should discuss options (semester, winter or summer) with major advisor.